

# Preparation for Bed Bug Treatment Checklist

1. Wash all linens, bedding materials, clothing, stuffed animals, etc., in the highest allowable water temperature and dry on the hottest allowable heat setting for at least 30 min.
2. All laundered items such as linens, clothing, stuffed animals, etc. should be placed in new plastic bags or plastic containers, sealed tightly.
3. All clothing items that cannot be laundered must be dry-cleaned.
4. Remove all items from closets, including any items on closet shelves. Follow the procedure above for laundering all clothing. No items should remain in the closet.
5. Remove all miscellaneous items from dressers, night stands, chests, etc. and place them in plastic bags or sealed containers in the center of the living room floor. None of these items should remain in the bedroom.
6. Vacuum floors, carpets and area rugs. Use the crack and crevice attachment around baseboards, bed frames, sofas, and other furniture items. Discard vacuum bags or contents after use in outside receptacle.
7. All luggage that has been used recently during travel must remain empty so that it may be inspected and treated if necessary.
8. Remove all shelves, picture frames, artwork, wall clocks, and decorative items from the walls and place on the floor in the same room as they were hanging. These items must be inspected and treated if necessary.
9. **Birds, cats, dogs, and humans must remain out of the home during treatment and at least a minimum of 4 hours after the treatment is complete.** Fish, and reptile tanks must be covered or removed. Air filters and filtration systems for aquatic fish should be turned off during treatment

Thank you for your cooperation!



## Preparation for German roach Treatment Checklist

- ☐ Vacuum carpets and perimeter of all rooms
- ☐ Remove all dishes and utensils from cabinets, drawers and shelving in kitchen and bathrooms.
- ☐ Clear floor and shelf surfaces (including closets) of toys, papers, loose articles etc.
- ☐ Vacate the premises during the treatment and do not re-enter for at **least 3 hours** after the treatment has been completed.
- ☐ Birds, cats, dogs, and humans must remain out of the home during treatment and at least a minimum of 3 hours after the treatment is complete. Fish and reptile tanks must be covered or removed. Air filters and filtration systems for aquatic fish should be turned off during treatment.

Proper sanitation, effectively limits cockroach populations. Do not leave unwashed dishes, kitchen utensils and uncovered food out overnight. Clean up all spilled liquids. Areas beneath and behind cabinets, furniture, sinks, stoves and refrigerators should be cleaned often, as should cupboards, pantry shelves and storage bins in which food particles accumulate. Kitchen waste and excess refuse should be kept in cockroach proof containers and disposed of as frequently as possible. Dry pet food should be stored in tight containers away from the kitchen and other foods. If pets are fed indoors, left-over foods should not be allowed to remain in the feeding dish overnight

Expect to see German roaches for up to 10 – 12 days as a result of eggs hatching.

Thank you for your cooperation!